Good Afternoon.

I hope everyone enjoyed a very long weekend and we are ready for the push to spring break. The next 14 days will be important to be at school every day. We will be closing in on the end of third quarter, so ensuring that you have all missing assignments and tests completed is a must.

Have a great Sunday and a wonderful President's Day!

Dr. Holder

Learning Schedule for the Week:

Monday: No school for students or staff-President's Day

Tuesday: Silver Block Day

Wednesday: Blue Block Day-Classes begin at 8:20-COURSE SELECTION IS DUE TODAY!

Thursday: Silver Block Day Friday: Blue Block Day

Congratulations:

Congrats to our men's swim team who competed at state this weekend. Senior Max Roh placed 4th in diving and freshman Andrew Martin placed 6th in the backstroke!

ATTENTION UNDERCLASSMEN:

Your course selection is due THIS WEDNESDAY! Please make sure you have submitted your course choices by 3 pm on Wednesday.

Junior ACT: February 27

On February 27 all of our juniors will take the ACT exam at MVHS. Locations for student testing are located on the counseling office window. Please stop by the counseling office and take note of where you are taking the exam on February 27. These lists will also be available in your ELA teacher's classroom.

Counseling Information:

24-25 Course Selection for 9, 10, 11 grade students - EVERYTHING IS DUE THIS WEDNESDAY!

VERY IMPORTANT!!! Please double-check with your student!

Have they submitted their Course Selection Form?

Have they submitted all of their applications?

All forms and applications are available on the Counseling website, <u>Mill Valley High School - MVHS</u> Student Services, under the "Course Selection Information 2024-2025" tab.

Post-Secondary Lunchroom Visits

Washburn University - Wednesday, 2/21

Mark your calendars for this IMPORTANT EVENT:

Please join us on **Thursday, March 7 at 6:30 PM** at Mill Valley High School for **Hidden in Plain View:** *An Initiative to Help Parents Spot Signs of Risky Behavior*. Attendees will have the opportunity to explore an interactive display of a teenager's bedroom containing over 70 items that could signal that a young person is involved in risky activities. Learn how to spot warning signs and get tips for talking with kids about the dangers of alcohol and drug use.

Hidden in Plain View Program for March 7:

5:30 PM - Hidden in Plain View bedroom display open

6:30 PM – Hidden in Plain View Presentation

7:15 PM -Panel Discussion with Q&A

For planning purposes, please register to join us > <u>Hidden in Plain View Presentation</u>

Attendees are encouraged to watch **Don't Wait**, a new documentary that discusses the pressures facing children today and why it is imperative to have conversations about drugs and alcohol – before it is too late. Use code: USD232 to watch this film free > https://bit.ly/DontWaitUSD232

Remember: Talking with your kids early and often about the dangers of drug use is an effective tool to prevent youth substance use. For tips on starting these conversations, go to www.addictionisreal.org.

Spring Sports/Activity Eligibility:

For Spring Sports/Activities; current physicals and Skyward Forms must be turned in before participating in any training or tryouts.

The physical can be found here: Registration / Enrollment / KSHSAA Athletic Forms (usd232.org)
Both Student and Parent/Guardian must login to Skyward to complete the Online Forms.
Please return to the Main Office or email; bkusnierkiewicz@usd232.org

Looking to Support a GREAT Cause?

Have any old furniture in the basement/garage? Any extra household items? Consider donating to MV's Youth for Refugees club to help support a refugee family coming to KC this Spring! Check out **the <u>sign-up</u> genius linked here** to see what items we still need and bring them in to Mr. Wieland's room (A 211). Feel free to **donate financially too by writing a check** to Mill Valley and putting Youth for Refugees in the memo or through **Venmo @Emma-Clement-26**.

Contact <u>clemeemm000@usd232.org</u> or <u>zwahlann000@usd232.org</u> if you need pickup of large items or if you have any questions.

After Prom: Note: This event is not sponsored by the school. It is sponsored by a senior parent group at MVHS. Parent group message below:

Hello Everyone! Latest update on "Project After Prom"...the booster club has graciously agreed to provide us with funds to cut the costs associated with renting out The Main Event for the After Prom venue. However, we must show that there is sufficient student interest from at least 100 students. Here is where you step in...if you have talked to your student about the possibility of After Prom and they are interested at all, can you please fill out this google form?

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3Dsharing&d=DwMFaQ&c=0bnKaBRvLpfrpAvZ8KVT1xSFY9c_DBOR7fMCjBATo9M&r=fKbS3lkrGfvoNAZci rHlQtcRy-BU6XsaXRfJ9R3ocCo&m=wcUaauOFm6Uh7MN38HcOl53NiMg-PcssFFQ5yNZtfrAb_PA-IzNAyjY-1BchCm9D&s=3YeSlXecAKzU3IdvL0Vr7LCulXZ2CNh4wpwCP7wAWqE&e=

We just need the name of your student, whether they are a junior or senior, and if they will be bringing a date (only respond "yes" to the PLUS ONE column if their date is not a MV junior or senior). Please share with whomever you can think of...we need as many people as possible to see this. A few details: After Prom is tentatively set for 12:01 AM - 3:00 AM on April 7 (The prom dance will take place until 10:30 PM on April 6.). The Main Event ticket will include food, bowling, laser tag, video games, billiards, and gravity ropes. We also plan on having lots of fun prizes to giveaway!